

# National Junior Para Athletics Championships 2024

Saturday 6 & Sunday 7 July  
University of Warwick Athletics Track

**activity  
alliance**

disability  
inclusion  
sport



[activityalliance.org.uk](http://activityalliance.org.uk)

#JuniorAthletics24



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## Message from Activity Alliance

It brings me great pleasure to welcome you to the National Junior Para Athletics Championships in Coventry. I am very excited to be here and share your special sporting moments.

We are proud to organise this event, steeped in golden history from names you will know in track and field. For decades this Championships has led the way in finding future stars. We hear time and time again how important they are for the young athletes and how much fun they have. Whether for competition experience or to meet their peers from other regions.

We also know from coaches, teachers, and parents how important this type of event is and how vital it is to keep it going every year. In such a big sporting year, many competing in Paris will recall this very event as their starting point. We are so proud that many including Paralympians Hannah Cockcroft, Kare Adenegan and Aled Davies all started their careers at the junior competition.

Sports like athletics rely on volunteers to keep them going every week, across the country, from grassroots to elite level. We are very lucky again to be supported by a passionate Lions Club International volunteer team. Thank you to all here this weekend, giving up your time and energy. It would not happen without you.

To the athletes, whatever you want to achieve from this weekend's competition, we hope you remember it for years to come. Go for gold and smash your personal bests, but more importantly have fun!



**Adam Blaze**  
**Chief Executive**



## Lions MD 105

Lions in the British Isles support Activity Alliance by donating money which goes towards covering the cost of running the Annual Games.

But more importantly Lions provide manpower at the Annual Games, each July, so athletes can participate in their individual field or track events safely.

A message to the athletes:-

“Do your best this weekend and feel proud about what you have achieved.”

For more information about Lions please visit their website [www.lionsclub.co](http://www.lionsclub.co)

Lion Penny Tregillus

MD105 Liaison and Promotions Officer



## About Activity Alliance

Activity Alliance is a national charity and leading voice for disabled people in sport and activity. Established in 1998 as the English Federation of Disability Sport, we are proud of our work through successful programmes and partnerships.

Our vision is fairness for disabled people in sport and activity. It is not right or fair that disabled people are the least active in our society. Sports and activities play an important role in our nation's health. We want to create a fairer society for everyone. A place where everyone can be active however and wherever they want to be.

Disabled people take part in sport and activity less than non-disabled people and are also twice as likely to be inactive. We call this the fairness gap, and we aim to close this gap within a generation by focussing on two goals. They are changing attitudes towards disabled people in sport and activity and embedding inclusive practice into organisations.

We know that we cannot achieve our vision alone. So, we are building a powerful movement to drive change. We work closely with our members, partners, and supporters across various sectors, who share our vision. They play a fantastic role to support and influence disabled people's activity. At the heart, understanding disabled people's lived experiences and barriers to participation help us to break down inequalities that have existed for far too long.

As a charity, we rely on our supporters, like you, to continue our work. No matter how big or how small, your fundraising efforts go a long way in helping us reach our goals. You can make a difference whichever way suits you. Please ask our team how you can help.

Read more about our work on our website [www.activityalliance.org.uk](http://www.activityalliance.org.uk)

## National Disability Sports Organisations

The National Disability Sports Organisations (NDSOs) are a good starting point for many disabled people who want to be more active. They provide advice, support and opportunities for people of all ages with specific impairments.

They are: British Blind Sport, Cerebral Palsy Sport, Dwarf Sports Association UK, LimbPower, Special Olympics Great Britain, UK Deaf Sport and WheelPower.

### **British Blind Sport ([britishblindsport.org.uk](http://britishblindsport.org.uk))**

The charity enables blind and partially sighted people to have the same opportunities as sighted people to access and enjoy sport and recreational activities in the UK.

### **Cerebral Palsy Sport ([cpsport.org](http://cpsport.org))**

CP Sport is the national disability sports organisation supporting people with cerebral palsy to be able to access and enjoy being physically active throughout their lives.

### **Dwarf Sports Association UK ([dsauk.org](http://dsauk.org))**

The charity promotes and provides regular sporting opportunities for people with Dwarfism and restricted growth conditions.

### **LimbPower ([limbpower.com](http://limbpower.com))**

LimbPower support amputees, individuals with limb difference and their families to bridge the gap between hospital rehabilitation and community and school engagement to rebuild lives and improve physical, social and mental well-being.

### **Special Olympics Great Britain ([specialolympicsgb.org.uk](http://specialolympicsgb.org.uk))**

Special Olympics Great Britain (GB) is a non-profit organisation and largest provider of year-round sports training and athletic competition in summer and winter sports for children and adults of all abilities with intellectual disabilities also known as learning disabilities.

### **UK Deaf Sport ([ukdeafsport.org.uk](http://ukdeafsport.org.uk))**

UK Deaf Sport's vision is for every deaf person to be active and inspired by sport and physical activity. they lead opportunities for more deaf sport to participate in sport throughout their lives and more deaf athletes to perform on the world stage.

### **WheelPower ([wheelpower.org.uk](http://wheelpower.org.uk))**

WheelPower provides opportunities for disabled people to get into sport and lead active lives. They have provided opportunities for people with physical impairments to take part in sport for nearly 70 years. Based in Stoke Mandeville, the home of the Paralympic movement, WheelPower is at the heart of wheelchair sport.

## Timetable

### **Saturday 6 July 2024**

09:55	Opening Ceremony
10:00	Competition Commences
13:10	Lunch
14:00	Field Competition Commences
15:10	Track Competition Commences
16:15	Male and Female and Anthony Hughes Memorial Trophies
17:00	Competition Finish Day 1

### **Sunday 7 July 2024**

09:30	Competition Commences
12:15	Lions Endeavor Trophy
12:30	Competition Closes





- Area 1 Discus
- Area 2 Shot
- Area 3 Javelin
- Area 4 Seated Javelin and Shot
- Area 5 Precision Events
- Area 6 Power Chair Slalom
- Area 7 Long Jump

**Activity Alliance Area:**

- Registration
- VIPs
- Medals
- First Aid
- Lions Information



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At England Athletics we are always on the lookout for the next generation of para athletes.

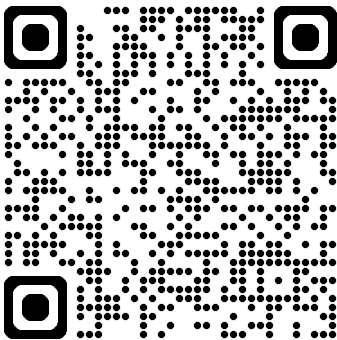
To find out more about the Paralympic Talent Programme, please contact Matt Kendrick, National Para Athletics Manager who will be at the competition on Saturday the 6<sup>th</sup> July or better still, come and say hi!



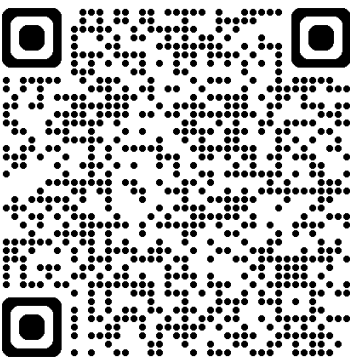
[mkendrick@englandathletics.org](mailto:mkendrick@englandathletics.org)

07823 812035

Enjoyed Competing? Have a classification? Enter our Junior Para Championships at Alexander Stadium, Birmingham on the 26<sup>th</sup> – 28<sup>th</sup> July (deadline for entries 7<sup>th</sup> July)



Find out more about the England Athletics Paralympic Talent Programme here:



# Be active Be safe

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- ◆ Are you being heard?
- ◆ Is something worrying you?
- ◆ Are you keeping it to yourself?
- ◆ Need someone to listen?
- ◆ Contact us in confidence



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Activity Alliance

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For more information visit [www.activityalliance.org.uk](http://www.activityalliance.org.uk)

NSPCC Child Protection Helpline: 0800 800 500