

What can activity leaders do?

How activity leaders can support a person on their pathway to become a leader.

Step 1

Seeing the possibilities.

Before becoming a deliverer.

- Provide inclusive, fun activities – and understand the **barriers disabled people face to taking part.**
- Be enthusiastic, friendly and encouraging in your delivery style. Use the **Talk to Me Principles** to support your delivery.
- Can identify what skills and qualities can make a good inclusive deliverer. Find these in this research report **'Developing inclusive leaders in Haringey'.**
- Involving parents, support workers, and friends in projects and delivery.

Step 2

Showing interest or potential. 'Exploring.'

Individual interested in leading or delivering activity.

- Support, involve and encourage individual to take up opportunities to gain experience.
- Support with **Access to Work or reasonable adjustment requests.**
- Signpost interested participants to training, peers, or sources of advice. Only recommends training opportunities that are accessible and meets the needs of the individual (refers for help if unsure).



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Step 3

Preparing and learning.

Gaining qualifications.

- Leader provides opportunities for individual to continue 'learning on the job' alongside training.
- Provides informal support, guidance and encouragement throughout learning journey.

Step 4

Ready to lead activity.

- Provides leading opportunity if there is one.
- Signposts to suitable opportunities.
- Continues to encourage, provide information where possible or refer to support where needed.

Step 5

Leading and succeeding.

Succeeding in the role and leading others.

- Work collaboratively, with continued mentoring.
- Encourage growth of leadership skills and creating connections.
- Help others to replicate or expand successful ideas.

